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Is Human Survival Selfish? Fight Or Flight Explained. *Are Humans Born Good Or Bad?* BBC *The Selfish Green* — David Attenborough — Richard Dawkins — Richard Leakey — Jane Goodall *How To Deal With Selfish People — New Ways To Handle Them* **THE SELFISH GENE BY RICHARD DAWKINS | ANIMATED BOOK SUMMARY** **How To Be Selfish** Does Richard Dawkins' The Selfish Gene hold up today? Dennis Prager: *Why Socialism Makes People Selfish* **Socialism: The Real History, From Plato to the Present** 9 Skills and Mindsets for Leaders in the Future of Work *Selfishness v. Selflessness* | Sanders Sides *More Lessons From the Master Teacher* | Sabbath School Panel by 3ABN — Lesson 6 Q4 2020 *Human nature is selfish, but not EVIL* **The Selfish Society How We**

Ambitious and wide-ranging, The Selfish Society reveals the vital importance of understanding our early emotional lives, arguing that by focusing on the attention we give to our young children we can create a better society. Open any newspaper, and what do you find?

The Selfish Society: How We All Forgot to Love One Another ...

The Selfish Society: How We All Forgot to Love One Another and Made Money Instead by. Sue Gerhardt. 3.94 · Rating details · 119 ratings · 11 reviews Best-selling author and respected psychologist

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If we are selfish - the politicians will be selfish. But there are signs that things are changing - the emphasis on charitable efforts, ethical purchasing and green living - suggest that people are starting to look further than their own immediate interests.

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By Sue Gerhardt - The Selfish Society: How We All Forgot ...

We have come to inhabit a culture of selfish individualism which has confused material well-being with happiness. As society became bigger and more competitive, working life was cut off from child-rearing and the new economics ignored people's emotional needs. We have lived with this culture so long that it is hard to imagine it being any different.

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I think people are mainly selfish due to two things. 1) Nobody trusts anyone anymore b/c of all the horror stories. Everyone feels the need to fend for themselves. 2) We are taught from a young age to be competitive. You need to be the best no matter who you step on to get there. It's sad, but it's becoming the way of the world! Reply

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The Selfish Society: How We All Forgot to Love One Another and Made Money Instead . by Sue Gerhardt . 400p, Simon & Schuster, £12.99 (PBK)

The Selfish Society by Sue Gerhardt: review - Telegraph

The Selfish Society: How We All Forgot to Love One Another and Made Money Instead by Gerhardt, Sue (2010) Paperback: Amazon.com.mx: Libros

The Selfish Society: How We All Forgot to Love One Another ...

The selfish hypocrisy of champagne lockdownism is demolishing our society ... That isn't to say that we advocates of the Swedish model aren't selfish too as we call for an approach that ...

Author and respected psychologist Sue Gerhardt goes to the heart of the causes of broken Britain. Ambitious and wide-ranging, The Selfish Society reveals the vital importance of understanding our early emotional lives, arguing that by focusing on the attention we give to our young children we can create a

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better society. Open any newspaper, and what do you find? Violence and crime, child abuse and neglect, expenses scandals, addiction, fraud, and corruption, environmental melt-down. Is Britain indeed broken? How did modern society get to this point? Who is to blame? How can we change? We have come to inhabit a culture of selfish individualism which has confused material well-being with happiness. As society became bigger and more competitive, working life was cut off from child-rearing and the new economics ignored people's emotional needs. We have lived with this culture so long that it is hard to imagine it being any different. Yet we are now at a turning point where the need for change is becoming urgent. If we are to build a more reflective and collaborative society, Gerhardt argues, we need to support the caring qualities that are learnt in early life and integrate them into our political and economic thinking. Inspiring and thought-provoking, *The Selfish Society* sets out a roadmap to a more positive and compassionate future.

Why Love Matters explains why loving relationships are essential to brain development in the early years, and how these early interactions can have lasting consequences for future emotional and physical health. This second edition follows on from the success of the first, updating the scientific research, covering recent findings in genetics and the mind/body connection, and including a new chapter highlighting our growing understanding of the part also played by pregnancy in shaping a baby's future emotional and physical well-being. Sue Gerhardt focuses in particular on the wide-ranging effects of early stress on a baby or toddler's developing nervous system. When things go wrong with relationships in early life, the dependent child has to adapt; what we now know is that his or her brain adapts too. The brain's emotion and immune systems are particularly affected by early stress and can become less effective. This makes the child more vulnerable to a range of later difficulties such as depression, anti-

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social behaviour, addictions or anorexia, as well as physical illness. Why Love Matters is an accessible, lively, account of the latest findings in neuroscience, developmental psychology and neurobiology – research which matters to us all. It is an invaluable and hugely popular guide for parents and professionals alike.

An ethologist shows man to be a gene machine whose world is one of savage competition and deceit

SIXTEEN LITERARY LUMINARIES ON THE CONTROVERSIAL SUBJECT OF BEING CHILDLESS BY CHOICE, COLLECTED IN ONE FASCINATING ANTHOLOGY One of the main topics of cultural conversation during the last decade was the supposed "fertility crisis," and whether modern women could figure out a way to have it all—a successful, demanding career and the required 2.3 children—before their biological clock stopped ticking. Now, however, conversation has turned to whether it's necessary to have it all (see Anne-Marie Slaughter) or, perhaps more controversial, whether children are really a requirement for a fulfilling life. The idea that some women and men prefer not to have children is often met with sharp criticism and incredulity by the public and mainstream media. In this provocative and controversial collection of essays, curated by writer Meghan Daum, sixteen acclaimed writers explain why they have chosen to eschew parenthood. Contributors include Lionel Shriver, Sigrid Nunez, Kate Christensen, Elliott Holt, Geoff Dyer, and Tim Kreider, among others, who will give a unique perspective on the overwhelming cultural pressure of parenthood. *Selfish, Shallow, and Self-Absorbed* makes a thoughtful and passionate case for why parenthood is not the only path in life, taking our parent-centric, kid-fixated, baby-bump-patrolling culture to task in the process. What emerges is a more nuanced, diverse view of what it means to live a full, satisfying life.

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Since Dawkins popularized the notion of the selfish gene, the question of how these selfish genes work together to construct an organism remained a mystery. Now, standing atop a wealth of new research, Itai Yanai and Martin Lercher—pioneers in the field of systems biology—provide a vision of how genes cooperate and compete in the struggle for life.

Politics, manners, humor, sexuality, wealth, even our definitions of success are periodically renegotiated based on the new values society chooses to use as a lens to judge what is acceptable. Are these new values randomly chosen or is there a pattern? Pendulum chronicles the stuttering history of western society; that endless back-and-forth swing between one excess and another, always reminded of what we left behind. There is a pattern and it is 40 years: 2003 was a fulcrum year, as was 1963, its opposite. Pendulum explains where we have been as a society, how we got here, and where we are headed. If you would benefit from a peek into the future, you would do well to read this book.

From the bestselling author of Happiness and co-editor of the annual World Happiness Report Most people now realise that economic growth, however desirable, will not solve all our problems. Instead, we need a philosophy and a science which encompasses a much fuller range of human need and experience. This book argues that the goal for a society must be the greatest possible all round happiness, and shows how each of us can become more effective creators of happiness, both as citizens and in our own organisations. Written with Richard Layard's characteristic clarity, it provides hard evidence that increasing happiness is the right aim, and that it can be achieved. Its language is simple, its evidence impressive, its effect inspiring.

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From New York Times bestselling author of Utopia for Realists comes a "bold" (Daniel H. Pink) and "extraordinary" (Susan Cain) argument that humans thrive in a crisis and that our innate kindness and cooperation have been the greatest factors in our long-term success on the planet. If there is one belief that has united the left and the right, psychologists and philosophers, ancient thinkers and modern ones, it is the tacit assumption that humans are bad. It's a notion that drives newspaper headlines and guides the laws that shape our lives. From Machiavelli to Hobbes, Freud to Pinker, the roots of this belief have sunk deep into Western thought. Human beings, we're taught, are by nature selfish and governed primarily by self-interest. But what if it isn't true? International bestseller Rutger Bregman provides new perspective on the past 200,000 years of human history, setting out to prove that we are hardwired for kindness, geared toward cooperation rather than competition, and more inclined to trust rather than distrust one another. In fact this instinct has a firm evolutionary basis going back to the beginning of Homo sapiens. From the real-life Lord of the Flies to the solidarity in the aftermath of the Blitz, the hidden flaws in the Stanford prison experiment to the true story of twin brothers on opposite sides who helped Mandela end apartheid, Bregman shows us that believing in human generosity and collaboration isn't merely optimistic—it's realistic. Moreover, it has huge implications for how society functions. When we think the worst of people, it brings out the worst in our politics and economics. But if we believe in the reality of humanity's kindness and altruism, it will form the foundation for achieving true change in society, a case that Bregman makes convincingly with his signature wit, refreshing frankness, and memorable storytelling. Instant New York Times Bestseller. "The Sapiens of 2020." —The Guardian "Humankind made me see humanity from a fresh perspective." —Yuval Noah Harari, author of the #1 bestseller Sapiens Longlisted for the 2021 Andrew Carnegie Medal for Excellence in Nonfiction One of

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the Washington Post's 50 Notable Nonfiction Works in 2020

Fans of Douglas Hofstadter, Daniel Bennet, and Richard Dawkins (as well as science buffs and readers of Wired Magazine) will revel in Aaron Lynch's groundbreaking examination of memetics--the new study of how ideas and beliefs spread. What characterizes a meme is its capacity for displacing rival ideas and beliefs in an evolutionary drama that determines and changes the way people think. Exactly how do ideas spread, and what are the factors that make them genuine thought contagions? Why, for instance, do some beliefs spread throughout society, while others dwindle to extinction? What drives those intensely held beliefs that spawn ideological and political debates such as views on abortion and opinions about sex and sexuality? By drawing on examples from everyday life, Lynch develops a conceptual basis for understanding memetics. Memes evolve by natural selection in a process similar to that of Genes in evolutionary biology. What makes an idea a potent meme is how effectively it out-propagates other ideas. In memetic evolution, the "fittest ideas" are not always the truest or the most helpful, but the ones best at self replication. Thus, crash diets spread not because of lasting benefit, but by alternating episodes of dramatic weight loss and slow regain. Each sudden thinning provokes onlookers to ask, "How did you do it?" thereby manipulating them to experiment with the diet and in turn, spread it again. The faster the pounds return, the more often these people enter that disseminating phase, all of which favors outbreaks of the most pathogenic diets. Like a software virus traveling on the Internet or a flu strain passing through a city, thought contagions proliferate by programming for their own propagation. Lynch argues that certain beliefs spread like viruses and evolve like microbes, as mutant strains vie for more adherents and more hosts. In its most revolutionary aspect, memetics asks not how people accumulate ideas, but how ideas accumulate people. Readers of this intriguing theory

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will be amazed to discover that many popular beliefs about family, sex, politics, religion, health, and war have succeeded by their "fitness" as thought contagions.

We've needlessly turned parenting into an unpleasant chore. Parents invest more time and money in their kids than ever, but the shocking lesson of twin and adoption research is that upbringing is much less important than genetics in the long run. These revelations have surprising implications for how we parent and how we spend time with our kids. The big lesson: Mold your kids less and enjoy your life more. Your kids will still turn out fine. *Selfish Reasons to Have More Kids* is a book of practical big ideas. How can parents be happier? What can they change -- and what do they need to just accept? Which of their worries can parents safely forget? Above all, what is the right number of kids for you to have? You'll never see kids or parenthood the same way again.

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